Congresswoman Matsui and her staff may be able to help you resolve a problem with the federal government.

How do I know if my problem is something that Congresswoman Matsui may be able to solve?

Congresswoman Matsui can often assist with matters pertaining to federal government agencies including the Internal Revenue Service (IRS), the Social Security Administration, and the Department of Veterans Affairs. To contact federal agencies directly, call the federal government "First Call" hotline at 1-800-688-9889.

In order to provide the highest level of constituent service, we kindly ask that you direct all inquiries in writing to Congresswoman Matsui's district office located in downtown Sacramento. You can contact the district office:

- by calling (916) 498-5600
- by writing to:

Robert T. Matsui United States Courthouse 501 I Street, Suite 12-600 Sacramento, CA 95814

- or by faxing (916) 444-6117

Regardless of how you contact the office, Congresswoman Matsui's staff must receive a signed Privacy Release Form on file before the office can open a congressional inquiry into your case. This form requires the free Adobe Acrobat Reader. Click on the following link to download the Privacy Release Form:

PRIVACY RELEASE FORM

If you cannot download the form, please contact Congresswoman Matsui's district office in

Sacramento to ask that a paper form be mailed to you. Unfortunately, Congresswoman Matsui does not have jurisdiction over state and local government agencies or matters being decided in the courts and she cannot offer assistance in these types of cases.

Additional Links and Resources courtesy of the Congressional Research Service:

Citizenship and Immigration Services — "Frequently Asked Questions"

Answers to questions, such as "How do I appeal the denial of my asylum petition?" and "Congressional Staff FAQs."

Consumer.gov

One-stop access to consumer information and assistance from the federal government, coordinated by the Federal Trade Commission (FTC). Covers product recalls, fraudulent practices, and buying tips. Some of the information is available in Spanish.

Disaster Assistance Available from FEMA

Information from the Federal Emergency Management Agency (FEMA). FEMA Regional Offices

provide additional local information.

Federal Consumer Information Center pamphlets on federal programs

Covering such topics as government surplus property, veterans' benefits, Medicare, and Social Security (from GSA's Consumer Information Center website). Some pamphlets available in Sp anish

USA.gov

USA.gov is the official U.S. gateway to all government information. Available in Spanish.

Medicare Consumer Information

Frequently requested consumer information on Medicare from the Centers for Medicare and Medicaid Services (CMS), formerly Health Care Finance Administration (HCFA). For local phone contact information, see CMS's <u>Helpful Contacts</u> page.

Social Security Administration (SSA): Frequently Asked Questions

From the Social Security Administration's website, which also offers Social Security Benefit Information Publications

in full text (and some in

Spanish

) and

Top 10 Most Requested Services

State Department Travel Advisories

Travel Warnings and Consular Information Sheets (from the U.S. Department of State Bureau of Consular Affairs website).

Student Guide

The Student Guide is the most comprehensive resource on student financial aid from the U.S. Department of Education. Grants, loans, and work-study are the three major forms of student financial aid available through the Department's Student Financial Assistance office. Updated each award year,

The Student Guide tells you about the programs and how to apply for them. Available in

Spanis

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Tax Information for Individuals

Where to file, local phone numbers for assistance, and answers to frequently asked questions from the Internal Revenue Service (IRS) website.

The IRS website also provides copies of tax forms, and some material in Spanish.

USAJOBS and Career OneStop

"USAJOBS" is the federal government's official website for federal jobs and employment information (from the U.S. Office of Personnel Management).

"Career One Stop" is a U.S. Department of Labor-sponsored Web site that offers career resources and workforce information to job seekers, students, businesses, and workforce

professionals.

Veterans Affairs (VA), Department of

Information on veterans' benefits and related issues. <u>Fact Sheets, Programs & Samp; Issues</u> links to summaries that contain statistics, histories, and descriptions of programs on a variety of topics, including state summary fact sheets.

Federal Benefits for Veterans and Dependents

, the handbook on veterans' benefits programs, is available in PDF format. Available in Spanish

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My problem does not involve the federal government, who should I contact now?

- City of Sacramento
- County of Sacramento
- California State Senate
- California State Assembly
- Better Business Bureau
- CA Public Utilities Comm